

## **Now & Then**

Every day in high school, you're setting the stage for who you'll be as an adult. Link what you're doing now to the future by completing each section below. But first, write down a career (or two) as your goal for the future.

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My career goal is	
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## **Self-Management**

You'll have many bosses over your lifetime, but ultimately the responsibility rests with you. Match up current and future responsibilities and see how you're doing. An example has been done for you.

Trait	How do I practice this at school?	How am I doing? (Fill in the stars)	How will I need this in my career?
Punctuality (being on time)	Not missing the bus, being in my seat on time	****	Not missing breaking news when I am a TV reporter
Punctuality (being on time)		* * * * *	
Respect for others/respect for authority		* * * * * *	
Attendance		* * * * * *	
Dependability (doing what I say I will)		* * * * * *	
Being proactive		* * * * * *	

## **Job-Specific Skills**

Look at your career goal(s) above, and come up with three skills that you'll need to succeed. For example, you may need computer skills, management experience or the ability to perform chemistry experiments. Then match them up with things you're doing now or plan to do in high school. An example has been done for you.

Skill	Extracurricular activities that will help	High school courses that will help	Other
Strong writing and grammar skills	School newspaper	AP English	Keeping a journal

